

**NEW PATIENT MEDICAL AND HEALTH INFORMATION FORM**

Thank you for taking a few moments to fill in this form. Having this information prior to your first appointment will help us get to know you and ensure the smooth running of your consultation

Name: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Family health history:** parents and siblings especially, grandparents if known (e.g. heart attack, diabetes, stroke, high blood pressure, cancer). Please list

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**Personal health history** (e.g. mental health, physical illness/conditions - particularly those requiring medication, surgeries, current health concerns) Please list and provide approximate dates if possible, eg high blood pressure since 2015; breast cancer 2003.

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**Current medications** (including supplements): No      Yes    (please list, including dose)

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**Allergies** (please circle): No Yes (please list allergy and reaction)

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**Immunisations** (please circle):

Did you receive your childhood immunisations? No Yes

Have you had a tetanus booster within the last ten years?

No Yes Year (if known) \_\_\_\_\_

**Screening:**

Women aged over 25 years:

Have you had cervical smears in the past? (please circle) No Yes

Year of last cervical smear (if known) \_\_\_\_\_

Please provide additional information if any abnormal history:

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Women aged over 45 years:

Have you had breast screening mammograms? (please circle) No Yes

Where and when did you have your last mammogram (ie region of New Zealand)

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**Smoking:** (Please circle): Never smoked Stopped in \_\_\_\_\_

Current smoker: how many per day?\_ \_\_\_\_\_ Vaping

**Alcohol:**

How many days per week do you drink alcohol? \_\_\_\_\_

How many standard drinks do you have on those days? \_\_\_\_\_ (average)

**Recreational drug use:** (please circle) No Yes (please list substance and frequency of use)

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**Activity/exercise:**

How active are you currently? (please circle)

Not active Lightly active Moderately active Very active

Additional detail

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